

# *East Side Church of God*

## *Life Notes*

**Focused on Fear**  
**February 14, 2010**

**Text: Matthew 14:22-27**

**Fear Factor #1:** We focus on our fear rather than God's faithfulness because we are weary from our labor.

*Immediately he made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. –Matthew 14:22 (ESV)*

**Fear Factor #2:** We focus on our fear rather than God's faithfulness because we are consumed by our problems.

*And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone, but the boat by this time was a long way from the land, beaten by the waves, for the wind was against them. –Matthew 14:23-24 (ESV)*

**Fear Factor #3:** We focus on our fear rather than God's faithfulness because we are confined by our concepts.

*And in the fourth watch of the night he came to them, walking on the sea. –Matthew 14:25 (ESV)*

**Fear Factor #4:** We focus on our fear rather than God's faithfulness because we are afraid of what we do not recognize.

*But when the disciples saw him walking on the sea, they were terrified, and said, "It is a ghost!" and they cried out in fear. But immediately Jesus spoke to them, saying, "Take heart; it is I. Do not be afraid." –Matthew 14:26-27*